

29th August, 1978

REPORT ON : MR. DAVID LLOYD-WILLIAMS - Age 30
[REDACTED] CABRAMATTA ROAD, MOSMAN

Miss Kay Grover, Social Worker at North Ryde Psychiatric Centre, asked me to see this man for her on 16th August 1978. She had known him when he was admitted to North Ryde and it had subsequently been reported to her that he was staying in his room all day, not answering the door and not attending work.

When I saw this man on the 16th August at North Ryde Psychiatric Centre, he said he was feeling very depressed. He said since his wife had left him he no longer felt as if he had anything to live for. He was having difficulty getting off to sleep and he had lost his appetite. When asked if he had considered suicide, he replied that he had seriously considered it a short time previously, but now he was past this. He said that he did not wish to kill himself now. As this interview progressed, Mr. Lloyd-Williams appeared to make a moderate improvement and reported that he felt less depressed as a result of our conversation. Schizophrenia had been diagnosed several months earlier when he was in hospital, but there was no evidence of psychosis during my interview with Mr. Lloyd-Williams. I considered he was suffering from a depressive neurosis caused by the marriage break-up and loss of his wife. I prescribed an anti-depressant tablet, Nortriptyline, in sufficient quantities to last for three days. I arranged to see him on Friday the 18th August at the Neutral Bay Health Centre.

Mr. Lloyd-Williams did not keep his appointment on the 18th August. On the 21st August his mother-in-law Mrs. Worton brought him to see me at Neutral Bay Centre. She reported that she was concerned about him because he was once more remaining within his room and not caring adequately for himself. He reported that he still felt the same way as he had the previous week. It was agreed that he should not stay alone and he consented to go and stay with his mother-in-law Mrs. Worton. I prescribed increased quantities of Nortriptyline, but requested that Mrs. Worton control the medication and dispense each dose to Mr. Lloyd-Williams. The need for hospitalisation was considered but Mr. Lloyd-Williams was opposed to it and there were insufficient grounds for compulsory admission. An appointment was made to see Mr. Lloyd-Williams on Friday 25th August.

J.E. HOULT,
Psychiatrist, M.B., B.S., D.P.M., M.R.A.N.Z.C.P.,